BLACK FAMILY DEVELOPMENT, INC. CONTINUUM OF CARE

2011 LOGIC MODEL OF ACHIEVED OUTCOMES

Service	Assumptions	Programs	Inputs	Activities	Outputs	Outcomes
JUVERILE JUSTICE	Detroit's Eastside zip code region hosts the highest incidence of youth crime in Wayne County (Skillman Report). Juvenile rehabilitation requires the collective investment of treatment providers, adjunct supportive programming (Keys To Literacy), and permanency planning beyond wardship termination.	Care Management Organization (CMO) Integrated Services Program (ISP) Treatment Foster Care (TFC) Wraparound Permanency Planning for Dual Ward Youth (Youth simultaneously in Juvenile Justice and Child Welfare custody) Family Preservation Services to decrease risks for out-of- home care, child abuse, or neglect Youth Assistance Program (YAP) Utilization Review (UR)	Treatment Models & ApproachesBalanced and Restorative Justice (BARJ)Cognitive Behavioral Therapy (CBT) Interventions/BFDI CBT CurriculumMulti-dimensional Treatment Foster Care interventionsWraparound ModelPrevention Models & ApproachesRestorative PracticesCommunities That Care: Social Development Research modelLion's Quest: Skills for AdolescHolland's Career InventoryResources42 Staff, 2 internsWayne Co. Children & Family Services, Michigan Department of Community Health, DHS, Title 4-E,and Child Care fundsWayne Co. Third Circuit CourtParticipation in Wayne County System of CareJuvenile Justice Services HandbookElectronic Child &Adolescent Functional Assessment Scale (eCAFAS)U of M UTools Leadership Prg Mileage, Cell Phones, JAIS	 General Services: Assessments to determine placement and treatment needs Placement of youth in a treatment track Complete Service/Treatment Plans timely Maintain electronic case records on the Juvenile Agency Information System (JAIS) Monthly case manager, and weekly treatment, face-to-face contacts with youth and family Ensure weekly face-to-face contact by treatment providers Represent the youth and agency's interest in Court and submit to youth/family Progress Review Hearing before the Jurist of record Petition Court for security level change as needed On-Site drug testing and psychological services In-home family-centered treatment Specialized Services Wraparound implements a first-ever partnership between the Mental Health and Juvenile Justice to ensure cross-systems treatment of adjudicated/at-risk youth/families. Updated CAFAS completed to determine client's/family's progress. Treatment Foster Care program provides foster care parents for youth in need of foster care services. Youth are matched with a licensed foster parent. Program-specific utilization review audits Four prevention tracks to serve as after-school diversion programming to prevent at-risk youth from delinquent behavior (Youth Assistance Program). Length of Stay (LOS) Committee weekly meetings to review appropriate placement for youth in detention and residential facilities. 2011 yielded a 23% reduction in out-of-home days of care. 	Number of CMO case managmt recipient families in 2011: 445 ^A Number of juvenile justice treatment model recipient families in 2011: 286 207 ^B (ISP); 51° (Wrap); 28 b (TFC)Number of adjunct support program recipients in 2011: 246Number of adjunct support program recipients in 2011: 246Number of juvenile justice prevention recipients in 2011: 152 EUR outputs *87 URs conducted *161 LOS & Care Path audits	 Juvenile Justice Case Management Services for Adjudicated Youth/Families: 95.7% of juveniles remained free of felony convictions while enrolled. 90% of youth did not AWOL while in care. 83.2% of juveniles remained free of a felony conviction after 2 years in the community. Network of 10 residential & community providers, hosting 38 programs. Outcome Data Sources: OTIS Tracking Information System; Population Rpt; Managing For Results Report; CRIM, JIS Juvenile Justice Treatment Services for Adjudicated Youth/Families: 92% of Wraparound consumers reported service satisfaction and daily functioning improvements. 86% of newly placed youth began treatment within 30 days of acceptance. 80% of juveniles in foster care did not re-offend while in treatment. 76% of juvenile offenders with special needs (i.e., medical, MH, sex offenders, substance abusers) were successfully placed youth began treatment within 30 days of acceptance. Outcome Data Sources: CMO MIS / MFR Reports; ISP Population Report; Permanency Services for Dual Ward Youth: 86% of youth enrolled in school, GED completion, vocational training at discharge. Juvenile Justice Prevention Services: 99% (n=87) of YAP youth remained free of arrest. 97% attended/participated in Lion's Quest groups and substance abuse education. Outcome Data Sources: Pre-/Post Tests; Roster Consumer Generated Service Improvements: Family requests for increased case manager support generated pending engagement training.

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MEZTAL HEALTH	Individual, family, and group treatment for mental health disorders increases the youth's/family's capacity to function self- sufficiently, and avoid out-of- home placement.	Intensive Family Services (IFS)	Treatment Models & ApproachesCognitive Behavioral Therapy (CBT) Interventions/BFDI CBT CurriculumFamily Systems Therapy TechniquesResources5 StaffMCBAP Credentialed Mental Health Staff demonstrating co- occurring disorder competencyCAFS funding Electronic Child &Adolescent Functional Assessment Scale (eCAFAS)Grand Rounds and Wayne State University TrainingsMileage, Therapeutic Tools, Cell Phones, Office Space/Equip	General Services: • Assessments, Screenings, Diagnoses • Case Management • Home- and community-based interventions • Strength-based, Person-centered approach • Child/family safety education and techniques • Crisis Intervention & 24/7/365 availability • Educational support, advocacy, and goal setting • Monthly client satisfaction surveys • Staff growth and development trainings Specialized Services: • Individual & family treatment to adjudicated youth 2 times weekly • Cognitive-behavioral therapy • Risk / Strengths and Needs / Psychosocial Assessments; Treatment Plans; Release Plans; Safety Plans; and Progress Notes • Random drug screens • Cognitive-Behavioral Skill-building strategies • Substance Abuse Prevention Education • Employment, and independent living, skills • Anger management • Mentoring • Transportation • Sexual health/abstinence education, as appropriate • Participation in BFDI Positive Youth Development Initiatives	Number of mental health treatment recipient families in 2011: 140 ^F	 Mental Health Treatment Services for Adjudicated Youth/Families: 92% of discharged youth have not been charged for a new offense 83% of the youth served were attending school/vocational training or work at the time of discharge Of the 76 eCAFAS completed, 78% of re-tested youth showed improvements in their daily functioning and completion of age-appropriate tasks Outcome Data Sources: Monthly Management Reports; Discharge Summaries; AWOL Reports; Program Roster Consumer Generated Service Improvement feedback in 2011 was "Help with job." As a result, staff are supervised to develop a repertoire of resources and intervention to teach program consumers skills necessary to secure employment. This includes but is not limited to: resume development, mock interviews, practice job applications, assistance with actual job applications, and informing consumers of possible job leads

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SUBSTAZCE ABUSE	Evidence-based models of treatment and prevention yield measurable service outcomes.	F.A.C.E. : (Finding Abstinence with Commitment to Empowerment) -Outpatient (OP) -Womens' Specific (WS) -Womens' Specific Mini- Grant -Case Mgmt. (CM) City of Detroit: - HOPE (OP) - F.R.E.E. (Finding Resolution Everyday through Education) CMO Hope (OP & IOP treatment)	Treatment Models & Approaches Motivational Interviewing Cognitive Behavioral Therapy National Drug Control Policy Principles of Effective Substance Abuse Treatment Gorsky's Relapse Prevention Strategies Niatx Study via MI Dept of Community Health (MDCH) Prevention Models & Approaches Lion's Quest: Skills for Adolescence Parenting Wisely Center for Substance Abuse Prevention-endorsed prevention curriculum for children of addicted parents Resources 5 MCBAP credentialed Staff Southeastern Michigan Community Alliance, City of Detroit Bureau of Substance Abuse, and Children and Family Services Substance Abuse Treatment and Prevention License MI Administrative Rules ACCESS Urinalysis Lab Partners: Dept of Corrections, CMO, faith & comm orgs Mileage, Addiction screening & treatment tools (i.e. ADAD, ASAM), JAIS, CARENet, Cell Phones, Office Space/Equip	 General Services: Individual, group, marriage, co-dependency, family, and Gender-Specific counseling Didactic group education Support services to clients in the following areas: financial, medical, optical, dental, employment, housing, vocational, educational, psychological, child care, clothing, food, and mental health services Education about alcohol, tobacco, and other drugs (ATOD) and its negative effects on individuals, families, and communities Assessments, service plans, community referrals, resource linking, monitoring, follow-up, advocacy, and aftercare linkages Transportation assistance (bus tickets/staff vehicles) Specialized Services: Peer-led/Alumni group for 2.0 hours on Thursdays in Highland Park Outpatient –group/didactic/individual/family or genderspecific therapy 1-2 days/week for 1.0-2.0 hours/day Relapse Prevention Contingency Management Urine Screens Referrals to AA/NA support groups Weekly Life Skills Group and bi-weekly cultural outings for the clients (CM) Parent training of drug prevention techniques/education to reduce their children's risk of ATOD use (FREE) Advancing development/ enforcement of ATOD ordinances, regulations, and legislation (FREE) Provision of competent services to co-occurring disorder (mental health and substance abuse) affected consumers and their families 	Number of substance abuse <u>treatment</u> recipient families in 2011: 109 Number of substance abuse <u>case</u> managmt services received by families in 2011: - Basic needs referrals provided: 270 -Bus tickets & transfers provided: 509 (tkts); 395 (transfrs) -Drug screen referrals: 86 Number of substance abuse <u>prevention</u> recipients in 2011:	 Substance Abuse Treatment Services: 96% (24 of 25) persons served in the FACE program remained arrest- free during treatment. 85% (40 of 47) persons served in the HOPE program remained arrest- free during treatment. 90% (29 of 32) of CMO-HOPE clients did not acquire further legal offenses during treatment. 72% (23 of 32) persons served in the CMO HOPE program were in school. Outcome Data Sources: City of Detroit (BSATPR) Outcome Data; SEMCA enrollment data, Progress Notes; Discharge Summary; Aftercare Agreement; Self-Report; ACCESS Laboratory Drug Screen Results; JIS Substance Abuse Case Management Services: Based upon follow-up surveys 85% of persons successfully discharged from FACE in 2011 indicate an improved quality of life at 30 days post-discharge. Outcome Data Sources: Quality of Life Questionnaire responses Substance Abuse Prevention Services: 100% of the parents who completed a Parenting Wisely group demonstrated an increase in knowledge and skills about how to create an environment that builds youth protective factors substance use experimentation and early use. Outcome Data Source: Educational curriculums' pretest and posttests Consumer Generated Service Improvements: Treatment consumers and alumni developed "Welcome" and "Miss You" letters to provide to new consumers when they arrive for Intake, and have missed a group treatment session. The program clinician now provides letter(s) as standard operating documentation to promote consumer retention. This consumer service improvement was generated through BFDI's Niatx involvement, spearheaded by the MDCH.

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FAZ-LY PRESERVAT-OZ	Kinship care cost-effectively and efficiency increases child well-being/safety, while decreasing the need for out- of-home placement. Homelessness erodes family security, well- being, and self- sufficiency. The absence of basic needs increases likelihood of future crisis and longer-term dependence upon formal systems of care. Effective student, family, school, and community partnerships prevents school drop-out after 8 th grade, and this success is fostered by improved parent- child communication.	Families First of Michigan (FFM) CMO Family Preservation (CMOFP) (with Dept. of Human Services Funding) Family Connections (FC) - UWSEM Your Essential Services (Y.E.S.) - Essential Svcs - Homeless Prevention Svcs (HP) Intake Families and Schools Together (FAST)	Treatment Models & ApproachesFamilies First of Michigan (Homebuilders) ModelSolution-focused counselingPrevention Models & Approaches- Family Connections Model- Families and Schools Together (FAST) ModelCase Management ApproachesAssessment, Service Plan, and Crisis InterventionResources22 Staff, 2 internsMichigan Child Protection Law requirementsMI Dept of Human Services (DHS), MI Comm. on Juv. Justice/ OJJDP, City of Detroit, & United Way of Southeast Michigan fundingFamily Connections MOUDHS training/Specialist staff Eastern MI Univ evaluatorsWayne State UniversityFamily Connections Advisory Council membersCommunity PartnersEmpirical assessment toolsMileage, FFM curriculum, Families First Information System (FFIS), Cell Phones, Office Space/Equip	General Services: Initial contact with family is made within 24 hours Small caseloads allowing for intensive intervention Services are home-based and community-based Time-limited programming Ecological approaches to preventing future crises Specific assistance for families' basic needs Individual, Family, and Group Counseling Support groups Case Management Prevention and preservation model linking students, families, schools, and communities to develop protective factors against drop-out after 8 th grade. Specialized Services: Parenting education Teach/model: home management, budgeting, communication and assertiveness skills Domestic violence services, including assistance with personal protection orders (PPOs) Advocacy with schools, medical and mental health facilities Housing and relocation assistance Assistance with food, clothing, appliances and other concrete needs. Linkages to natural helping networks and ongoing community supports Transportation support services Initial face to face contact with family in 24 hours Safety planning Families set a minimum of 2 solution focused goals with referring CPS worker and FFM counselor Individual and Family Activities FC Multi-family A	Number of family presrvation treatment recipient families in 2011: FFM: 189 CMOFP: 51 Number of FC family presrvation prevention recipients in 2011: 113 Number of family presrvation <u>case</u> <u>managmt</u> recipient families in 2011: 246 families and individuals (51% over contract expectations) Number of persons served by Intake Dept in 2011: 1713	 Family Preservation Treatment Services: 98% of families remained intact during FFM participation. 81% of families have reported avoiding placement three (3) months after FFM discharge Outcome Data Sources: Tracking log of all referrals received & terminated; 3-month follow-ups documented in FFIS Family Preservation CMO Services: 96% of youth averted return to residential care after discharge to their parents due to CMOFP residential-home transition services received. 80% of parents of CMO youth in residential placement reported reduced due to lack of resources, isolation and unmitigated family stress. Outcome Data Sources: Case records, consumer satisfaction surveys, and pre discharge family interview, Juvenile Information System Family Preservation Case Mgt. Services: Of the 246 families facing homelessness or at risk for homeless, 182 received Emergency concrete assistance with basic needs. Outcome Data Sources: Program Roster Intake Services: Responded to 1590 urgent/crisis calls. 2011 Emergency Phone Database recorded 387 calls processed by BFDI managers through December. 69% were for housing; reflecting the economy's impact on shelter needs of Detroit residents. 20% were basic needs requests. Outcome Data Sources: Intake Database& Binder Consumer concerns about the Emergency Phone rotating to Admin office managers weekly lead to more strategic planning on how to restore Phone to a single employee. Consumers ineligible for THAW and other basic needs svcs generated emergency binder resource list update.

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100-H->U >OD+I <i 0022300="" uz=""> I+CO< U<</i>	Adjunct age- appropriate support services enhancing treatment services for youth with diverse learning styles and developmental needs. Community development initiatives increase community safety and citizen empowerment, while reducing juvenile delinquency	Promise Neighborhood (PN) Initiative African Centered Olympics My Healthy Body Olympics Health Education Community Outreach and Training Shout Out! MLK Art Contest BFDI Summer Youth Employment Program Back To School Community Day Skillman "Good Neighborhood Initiative"- Networking for Change Invest in Me Financial Literacy Ujima Restorative Practice Youth Training The Honorable Obama Quiz Bowl	Prevention Models & ApproachesMultiple PN Partners' Evidence-Based PracticesAfrican Olympics Study ManualHealthy Body Study ManualFinancial Literacy TopicsKeys To Literacy SoftwareAstaff, multiple volunteersTeam CoachesAztec Software Learning Essentials Series (ASLES)US Dept of EducationWC Children & Family SvcsSkillman Foundation fundingKellogg FoundationDetroit Public Schools, Nsoroma Institute, Hope Academy, Wayne County Community College District, Alkebu-Lan VillageDetroit Parks and Recreation, and numerous community partnersOsborn/Cody Rouge citizens, and MAN Network Mileage, JAIS, Pagers, Office Space/Equip, Community Meeting SpaceCash awards and trophies	 General Services: Showcase the gifts and talents of youth Strengthen and preserve families by empowering our youth and our Osborn and Clark Park neighborhoods Osborn and Cody Rouge community revitalization and collectivism Mathematics, history, health, and academic training Specialized Services: Osborn/Clark Park Promise Neighborhood (PN) educational reform and community revitalization to ensure that "all children growing up in [our PN] will have access to effective schools and strong systems of family and community support that will prepare them to attain an excellent education and successfully transition to college and career". Remembering and understanding African American Heritage and honoring our ancestors Small group and community-wide nutrition and fitness based education, which included teaching on how to read and understand food labels, the body's dependence upon water and daily water intake, how to decrease daily fat consumption, defining energy-dense foods, and health screenings. Work experience, career training, and professional mentoring for underserved Detroit youth. A community Day program for children, youth, and families in a resource-poor community where the basic supplies to be ready for school are lacking. A reading methodology to improve youths' reading comprehension using diagnostic testing, pre-and post-testing at each internet-based, interactive, reading level. Targeted collaboration with Osborn and Cody Rouge community residents & block club presidents to foster organized communication and policing efforts through Block Club development. Financial literacy education to equip youth for adulthood and wise financial decision-making beginning in adolescence. 	Number of African Centered Olympics participants: 310 (in 2011) 851 (cumulatively) Number of Family Health Fair/ Education participants: 1293 (in 2011) 1678 cumulatively Number of Healthy Body participants: 189 (in 2011) 328 (cumulatively) Number of employment participants: 6 (in 2011) 21 (cumulatively) Back To School participants: 300 (in 2011) 1282 (cumulatively) Number of Keys To Literacy participants: 17 (in 2010) 43 (cumulatively) Number of block clubs established: 60 (in Osborn 2011) 355 (cumulatively) 30 (in cody 2011)	 On June 14, 2011, 39 community-based organizations committed to participate in Detroit's Promise Neighborhood Family and Community Support Pipeline. Clark Park/Osborn residents/Principals went to the Harlem Children's Zone. In December 2011, BFDI was awarded a \$500,000 planning grant from the US Dept of Education on behalf of Detroit's Promise Neighborhood, furthering the work already funded by The Skillman and Kellogg Fndtns. 310 students increased their knowledge of African American history through competitive classroom, school, and City-wide competitions. 5 Detroit Public Schools, and their students, participated in city-wide competition on facts related to nutritious eating, physical activity, and preventive health care screenings. 57 medals were awarded to Healthy Body Olympians. 1293 Detroiters received health education via a Live Well-Be Well family guide. 30 Brenda Scott Acad. students submitted their depictions of a non-violent learning environment. 6,672 attendees participated in leadership and block cub trainings, community events, and BFDI Monthly Community Luncheons. 108 Cody residents signed a Commitment Statement to establish a block club. 3,767 (duplicated count), and 108 Cody residents, were provided with a variety of Leadership Trainings in 2011 (5,505 cumulatively in Osborn; 108 in Cody). 48 Osborn, and 50 Cody, community block club meetings were held in 2011 (119 Osborn, and 50 Cody, cumulatively). Since 2009, 20^G youth have received assets, liabilities, investing, & net worth training. 10 youth received Restorative Practice training. 172 youth engaged in Honorable Obama Quiz Bowl. Outcome Data Sources: Sign-in Sheets; Progress Notes; Meeting Minutes

Notes:

CMO/Juvenile Justice Logic Model:

- A. This represents a 59% reduction in CMO population from 2010-2011 (n=668 consumers).
- B. A 27% reduction in ISP population from 2010-2011 (n=74 consumers).
- C. A 17% reduction in Wraparound population from 2010-2011 (n=10).
- D. A 27% reduction in Treatment Foster Care population from 2010-2011 (n=10).
- E. An 11 % reduction in Youth Assistance Program population from 2010-2011 (n=17).

Mental Health Logic Model:

F. A 50% reduction in Intensive Family Services population from 2010-2011 (n=139).

Positive Youth and Community Development Logic Model:

G. One (1) summer youth had been discharged by the time of the August training.