

## **Message to the Community**

The Coronavirus Disease 2019 (COVID-19) is a global pandemic, but we will recover.

### **What is Coronavirus?**

Coronavirus (COVID-19) is a disease first identified in China in 2019.

### **Black Family Development, Inc.'s (BFDI) Response**

- In response to this virus, BFDI is doing our part to reduce the spread of this disease.
- We are aggressively utilizing universal precautions, with frequent handwashing, and sanitizing common areas and surfaces frequently.
- We are honoring the call for social distancing, as our work team are working remotely beginning March 18, 2020 through minimally March 27, 2020.
- All community events have been cancelled for the months of March and April.
- The protection, safety, health, and wellness of consumers, staff, and the community are our priorities.

### **Recommendations to the Community**

- Stay abreast of what is occurring with the virus, but do not become so consumed that you begin to walk in fear. Be anxious for nothing, but give your faith an assignment.
- Seek updates from the Center for Disease Control and Prevention (CDC) to monitor and receive information on the prevention and presence of the Coronavirus.

- Help stop the spread of the virus by practicing good health habits.
  - Stay home when sick.
  - Frequent handwashing with soap for at least 20 seconds.
  - If water is not available, wash hands with hand sanitizer.
  - Sanitizer must contain 60% alcohol.
  - Disinfecting surfaces and objects frequently.
  - Cover coughs and sneezes; discard used tissue.
  - Avoid contact with those who are sick.
  - It is not too late to get a flu shot.

### **COVID-19 Common Symptoms**

- Fever
- Cough
- Shortness of Breath

Often causes either mild or severe respiratory illness from 2 to 14 days after exposure.

### **Who is at high/greater risk?**

- The Elderly
- Those with pre-existing conditions:
  - Lung Disease
  - Diabetes
  - Heart Disease

### **How is COVID-19 Spread?**

- Between persons in close proximity.
- Touching a contaminated surface and then touching your mouth, nose, or eye area.
- Contact with contaminants from one's cough or sneeze that land in one's mouth, nose or eyes.

### **For Latest Updates**

- Visit your local Health Department's website.
- Visit website of CDC's Coronavirus Disease 2019 (COVID-19).